

How can I get there?

It is preferable for our patients to arrange their own transport.

Street parking available.

Hospital transport to and from Day Hospital can only be considered on a needs basis for those who are unable to arrange their own transport. Please discuss with Co-ordinator.



Entry to
Day
Hospital

NERINGAH HOSPITAL

Neringah is one of three public hospitals, palliative care community services and community & aged care services that make up Hope Healthcare.

Neringah Hospital works in conjunction with Northern Sydney Central Coast Area Health Service.

The Palliative Care service includes an inpatient unit, community outreach service, a Day Hospital and after hours telephone advice. This service is for those diagnosed with a life-limiting illness when relief from pain and other physical, psychological and spiritual concerns and issues, may be required.

Donations

Hope Healthcare relies heavily on bequests and donations for capital expenditure and special items of equipment. Donations of \$2 or over are tax deductible.



**HOPE
HEALTHCARE**

Neringah Hospital

4-12 Neringah Avenue South

Wahroonga 2076

Tel: (02) 9488 2200 Fax: (02) 9488 2247

www.hopehealthcare.com.au

Neringah Palliative Care Day Hospital



Neringah Hospital

*Specialised public health and community
services*



**HOPE
HEALTHCARE**

Welcome to the Neringah Palliative Care Day Hospital

What is the Palliative Care Day Hospital?

The Palliative Care Day Hospital is a part of Neringah hospital and provides a comprehensive service to support patients who are registered with the Neringah Palliative Care Service or Northern Sydney Central Coast Area Health Service.

The Palliative Care Day hospital aims to give social, spiritual, emotional and physical support to our patients and their carers.

The atmosphere is both friendly and life affirming.



How can I access the service?

If you wish to attend Day Hospital, please discuss this with your Community Nurse, General Practitioner or Palliative Care Team.

For further details, please contact the Day Hospital Co-ordinator on 9488 2252 between 8.30 am-3.30 pm Tuesday or Thursday.

Outside these times, please contact the Palliative Care Secretary on 9488 2290

What else do I need to know?

Costs

These are fully covered by Medicare, Department of Veteran's Affairs or your private health fund.

Medication

Please bring all your required medications with you on each visit.

Meals

Tea, coffee and lunch are provided, or you may bring your own if you prefer.

Smoking

Smoking is only permitted in one designated outdoor area.



What hours is the service available?

Tuesday and Thursday 9.30 am – 3.00pm



What do we offer?

- A caring and friendly atmosphere
- Support for families and carers
- Respite for carers
- Regular review with the palliative care doctor
- Assistance with pain and symptom control
- Interactive social activities
- Physiotherapy
- Occupational Therapy
- Planned nursing intervention available
- Pastoral care
- Art Therapy
- Helpful volunteers
- Individual supportive counselling
- Advice on practical issues.