

Social Work

A social worker is available to assist you with any practical difficulties or personal problems, and give information on the community services that are available.



GREENWICH HOSPITAL

Greenwich is one of three public hospitals, palliative care community services, a nursing home and community & aged care services that make up Hope Healthcare.

Greenwich Hospital works in conjunction with Northern Sydney Central Coast Area Health Service.

The patient and family are the focus of care, which caters for physical, psycho-social and spiritual needs. Meeting individual needs with dignity is a feature of care at Greenwich.

Greenwich Hospital is fully accredited by the Australian Council on Healthcare Standards.

Donations

Hope Healthcare relies heavily on bequests and donations for capital expenditure and special items of equipment. Donations of \$2 or over are tax deductible.



Any questions?

If you have any questions regarding your Rehabilitation Program, please do not hesitate to ask one of our staff or contact the Manager for the Home-based Rehabilitation Services.

Office hours telephone **9903 8334** or mobile **0438 490 413**.

After hours call 9903 8334 and leave a message on the answering machine. Your call will be returned the next day.

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**HOPE
HEALTHCARE**

Greenwich Hospital
97-115 River Road, Greenwich, 2065
Greenwich Home-Based Rehabilitation
Tel: (02) 9903 8334

www.hopehealthcare.com.au

Home-Based Rehabilitation



Specialised public health and community services - serving the community since 1966

Greenwich Hospital



**HOPE
HEALTHCARE**

Welcome to the Home-based Rehabilitation Service

The Home-based Rehabilitation service has been established for people who have had conditions such as hip fracture, joint replacement, neurological conditions (for instance a stroke) and amputations. Instead of continuing to receive your rehabilitation in hospital, you will receive it in your own home.

The Services Available

Nursing

All patients who are to receive the service will be assessed prior to discharge from hospital by the home-based rehabilitation Manager/Nurse, who will continue to see you when you are at home. The nurse will assist in coordinating the treatment that you will receive, in addition providing assistance with any wound dressings or any other problems you may have.



Physiotherapy

The physiotherapist will visit you at home to provide an exercise program to improve mobility, muscle strength and balance. The physiotherapist will also treat painful or stiff joints and improve your walking. The goal is to give you safe independence.



Occupational Therapy

Occupational therapists are concerned with helping you to resume your skills in caring for yourself; leisure, work, rest and relaxation. The occupational therapist will advise you on access and safety issues, handrails and other equipment for your home.

Speech Therapy

The speech pathologist is available for assessment and treatment of communication and swallowing difficulties, if required.

Nutrition

A dietitian is available for any nutritional advice.



Rehabilitation Medicine

The Rehabilitation specialist will supervise your medical needs whilst you are in hospital. Your specialist will arrange for you to go home where you will continue with your rehabilitation. The Home-based team will visit you regularly when you are at home and provide you with necessary treatment.

General Practitioner

Your local doctor forms an important part of your Home-based Rehabilitation team and will continue your medical care when you are at home. Communication will be maintained between the Home-based Rehabilitation team and your local GP while you are receiving the service.