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HEALTHCARE**

# media release

*For immediate use*

## ***The Braeside Games – 3 December - a Celebration of Ability***

Braeside Hospital joins in the spirit of *International Day of People with a Disability* between 10am and 2pm on 3 December with the inaugural Braeside Games

The day at Braeside involves sporting events including wheelchair relays, carpet bowls, volley ball, opportunities to meet medal-winning Paralympians, a barbeque lunch, show bags, giveaways, display stalls, entertainment and more.

Audrey McCall, Social Worker at Braeside Hospital said a team of staff involved in rehabilitation programs at Braeside had organised the days activities to involve patients, their families and staff to celebrate the achievements and contributions people with a disability make to their communities. “This day provides an opportunity to highlight the needs of people with disability and to recognise organisations that work towards meeting these needs.”

She thanked all of the organisations and companies that will help make the Braeside Games a success. “Local companies like Bakers Delight, Joe’s Meats and Tim’s Fruit and Vege, Stockland as well as others further afield like Kripsy Kreme Donuts Liverpool and BOC Gas at Wetherill Park have donated goods. The Amputee Association, Prairiewood Leisure Centre, Spastic Centre, are amongst those that will have stall displays on the day.”

One in five people in New South Wales has a disability, accounting for approximately 1.2 million people. Additionally, around 800,000 people care for people with a disability - therefore more than 30% of people in NSW are directly involved with disability across the state.

The *International Day of People with a Disability* is part of a worldwide celebration that occurs on December 3 each year. *International Day of People with a Disability* unites disability organisations, individuals with a disability, businesses, federal, state and local governments and the community in a collaborative effort to celebrate and acknowledge the experience and expertise of people with a disability.

### ***Sydney 1 December 2004***

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